

## Ergebnisse

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## Männer

	Platz	Startnr.	Name	JG	NAT	Verein	pl	AK	Endzeit	pl swim	pl bike	pl swim+bike	pl run
Z	1	545	Hoffmann, Oliver	69		TuS 09 Erkerschick	1	M35	1:03:02	0 0:00:00	0 0:00:00	1 0:43:32	1 0:19:29
	2	556	Laux, Alexander Dennis	84		RSV Wittekind Herford	1	MHK	1:06:05	27 0:10:55	1 0:33:48	3 0:44:43	13 0:21:22
	3	571	Ehrich, Tim	86		TuS 97 Bielefeld-Jölle	2	MHK	1:07:12	4 0:09:14	9 0:37:09	7 0:46:23	7 0:20:49
	4	546	Güttersberger, Christian	75		Lg. Marienfeld	1	M30	1:07:24	7 0:09:50	8 0:37:06	10 0:46:57	4 0:20:26
	5	471	Haake, Torsten	70		*Soest	2	M35	1:07:30	6 0:09:47	3 0:35:17	6 0:45:05	17 0:22:24
	6	558	Bross, Alexander	72		TuS 09 Erkerschwick T	3	M35	1:07:37	19 0:10:26	2 0:34:30	4 0:44:56	19 0:22:41
	7	557	Zerrath, Uwe	70		*Erwitte	4	M35	1:07:53	2 0:08:56	5 0:36:07	5 0:45:03	22 0:22:49
	8	547	Hoffmann, Patrick	83		Saerbecks schlanke Wz	3	MHK	1:07:54	15 0:10:08	7 0:36:52	11 0:47:00	9 0:20:53
	9	552	Wessler, Markus	68		*Melle	5	M35	1:08:11	3 0:09:12	10 0:37:38	9 0:46:51	12 0:21:19
	10	559	Schmeichel, Armin	57		Trifix Kamen	1	M50	1:08:20	1 0:08:18	6 0:36:10	2 0:44:28	32 0:23:51
	11	550	Vasquez, Jose-Antonio	70		LTV Lippstadt	6	M35	1:08:47	5 0:09:19	16 0:38:47	12 0:48:07	5 0:20:40
	12	427	Zicholl, Christian	73		SSC Wiescherhöfen-W	2	M30	1:09:24	8 0:09:59	14 0:38:30	14 0:48:30	10 0:20:54
	13	406	Schugart, Andreas	60		BSG Schüco	1	M45	1:09:46	29 0:11:02	4 0:35:26	8 0:46:28	26 0:23:18
	14	411	Zetzloff, Walter	70		*Harsewinkel	7	M35	1:10:06	17 0:10:16	11 0:37:50	12 0:48:07	16 0:21:59
	15	563	Ullенbrock, Manfred	65		Team Jostweg	1	M40	1:11:12	33 0:11:27	21 0:39:39	22 0:51:06	2 0:20:05
	16	562	Tünte, Heinrich	62		Rad ab 2000	2	M45	1:11:37	39 0:11:48	13 0:38:00	18 0:49:49	14 0:21:48
	17	405	Schmidt peter, Richard	64		MSV Duisburg	2	M40	1:11:58	28 0:10:56	12 0:37:54	16 0:48:50	25 0:23:07
	18	560	Schneider, Tobias	61		*Bielefeld	3	M45	1:12:24	18 0:10:23	30 0:41:10	28 0:51:33	8 0:20:51
	19	481	Franz, Martin	77		Steinhagen	3	M30	1:12:28	24 0:10:40	24 0:40:40	25 0:51:20	11 0:21:08
	20	477	Schneidt, Patrik	85		1. Tri-Team Gütersloh	4	MHK	1:12:36	9 0:10:00	15 0:38:47	15 0:48:47	30 0:23:49
	21	555	Aundrup, Christian	66		*Warendorf	3	M40	1:13:12	13 0:10:05	29 0:41:08	23 0:51:14	15 0:21:58
	22	435	Eckstein, Christian	84		*Marienfeld	5	MHK	1:13:39	20 0:10:32	41 0:42:20	35 0:52:53	6 0:20:46
	23	484	Esselmann, Tim	78		*Versmold	6	MHK	1:14:00	41 0:11:57	20 0:39:32	26 0:51:29	18 0:22:31
	24	413	Mücke, Thomas	65		*Bielefeld	4	M40	1:14:21	23 0:10:38	26 0:40:55	29 0:51:34	20 0:22:47
	25	422	Weeres, Heiko	71		*Wuppertal	8	M35	1:14:46	11 0:10:02	23 0:40:27	19 0:50:29	38 0:24:16
	26	561	Mund, Ulrich	53		Tri-Geckos Dortmund	2	M50	1:14:54	16 0:10:10	19 0:39:31	17 0:49:42	50 0:25:12
	27	542	Czerwinski, Martin			Crazy Runners Rietbe	0	M	1:15:09	31 0:11:17	18 0:39:23	20 0:50:41	40 0:24:27
	28	456	Merrick, Tone	70		*Frankfurt	9	M35	1:15:23	10 0:10:01	43 0:42:33	32 0:52:35	21 0:22:47
	29	416	Hartmann, Thorald	63		DLRG Hsw	5	M40	1:15:41	40 0:11:50	17 0:39:13	21 0:51:04	44 0:24:37
	30	440	Kettendorfer, Heinz Otto	46		TVG Kaiserau	1	M60	1:16:50	37 0:11:40	27 0:41:00	33 0:52:40	36 0:24:09
	31	410	Schneidt, Uwe	58		*Gütersloh	4	M45	1:16:53	26 0:10:49	28 0:41:00	30 0:51:50	49 0:25:03
	32	567	breulmann, jochen	58		münster	5	M45	1:16:59	34 0:11:29	35 0:41:26	36 0:52:55	35 0:24:04
	33	573	Körbe, Thomas	62		Welver	6	M45	1:17:51	42 0:12:02	44 0:42:45	41 0:54:47	24 0:23:03
	34	540	Wolke, Peter	53		Swiss Post	3	M50	1:18:06	44 0:12:09	31 0:41:16	38 0:53:26	45 0:24:40
	35	453	Stauvermann, Hubert	53		LT-Lippborg	4	M50	1:18:18	54 0:13:16	25 0:40:41	39 0:53:57	39 0:24:21
	36	572	Witthaut, Klaus	59		TRI-SPORT-MENDEN	7	M45	1:18:37	56 0:13:32	32 0:41:24	44 0:54:56	28 0:23:40
	37	486	Nienstedt, Christof	67	CH	KOT2 PITD	6	M40	1:18:41	32 0:11:18	22 0:40:00	24 0:51:19	57 0:27:22
	38	447	Höner, Michael	68		*Wöllstein	10	M35	1:19:04	45 0:12:16	42 0:42:32	42 0:54:49	37 0:24:15
	39	400	Verholen, Josef	55		SuD Münster	5	M50	1:19:25	50 0:13:07	34 0:41:26	40 0:54:33	47 0:24:51
	40	472	Kleinsorge, Stefan	52		Bergheim	1	M55	1:19:36	30 0:11:04	49 0:44:00	45 0:55:05	41 0:24:30
	41	408	Runschke, Wolfgang	60		LG Burg Wiedenbrück	8	M45	1:19:42	25 0:10:43	37 0:41:47	31 0:52:31	55 0:27:11
	42	470	Wördemann, Theo	62		*Beelen	9	M45	1:20:06	51 0:13:07	45 0:43:01	47 0:56:09	33 0:23:57
	43	431	Thieme, Sven	80		STH	7	MHK	1:20:18	14 0:10:06	33 0:41:24	27 0:51:30	60 0:28:48
	44	565	Manske, Ewald	53		*Münster	6	M50	1:20:21	35 0:11:32	36 0:41:35	37 0:53:08	56 0:27:13
	45	438	Bauer, Hartmut	43		*Warendorf	2	M60	1:21:10	47 0:12:51	54 0:45:19	53 0:58:11	23 0:22:59
	46	445	Sillmann, Jürgen	59		LC SOLBAD RAVENSE	10	M45	1:21:25	52 0:13:09	47 0:43:20	50 0:56:30	48 0:24:55
	47	436	Palm, Volker	59		Lotta - Colonia	11	M45	1:21:34	38 0:11:43	59 0:46:28	54 0:58:11	27 0:23:22
	48	441	Streitberger, Hans-Joachi	45		*Münster	3	M60	1:22:04	49 0:13:04	38 0:41:49	43 0:54:53	54 0:27:10
	49	460	Teigeler, Michael	67		*Düsseldorf	7	M40	1:22:16	46 0:12:29	51 0:44:20	51 0:56:50	51 0:25:26
	50	466	Droppelmann, Markus	63		*Soest	8	M40	1:22:33	43 0:12:06	48 0:43:47	46 0:55:53	52 0:26:39
	51	450	Rickert, Manfred	60		TV Phönix Bocholt	12	M45	1:22:34	22 0:10:34	40 0:42:14	34 0:52:49	63 0:29:44
	52	428	Ostendorff, Manuel	66		Lauftreff Recklinghause	9	M40	1:22:42	60 0:14:29	52 0:44:25	59 0:58:54	29 0:23:48
	53	409	Neugebauer, Paul	54		SV Benhausen	7	M50	1:23:03	57 0:13:47	53 0:44:27	55 0:58:15	46 0:24:48
	54	457	Kucharski, Franz-Joseph	54		*Gütersloh	8	M50	1:23:05	58 0:14:11	39 0:42:12	49 0:56:24	53 0:26:41
Z	55	473	Zellmer, Sebastian	77		*Münster	4	M30	1:23:08	0 0:00:00	0 0:00:00	56 0:58:31	43 0:24:36
	56	412	Hoffmann, Michael	63		FLB Herford	10	M40	1:23:14	48 0:12:52	56 0:45:48	58 0:58:41	42 0:24:32
	57	432	Wicknig, Roland	62		twirracers	13	M45	1:23:33	55 0:13:23	58 0:46:18	60 0:59:42	31 0:23:51
	58	429	Baldamus, Jörg	66		LDT Bochum	11	M40	1:23:40	21 0:10:33	55 0:45:40	48 0:56:13	58 0:27:26
	59	414	Völkert, Hinz	48		LSF Münster	2	M55	1:23:47	61 0:16:46	46 0:43:02	61 0:59:49	34 0:23:57
	60	475	Czysch, Peter P.	40		Münster	1	M65	1:26:10	59 0:14:26	50 0:44:10	57 0:58:36	59 0:27:34
	61	570	Koglatis, Jan	78		Lotta - Colonia	8	MHK	1:26:46	36 0:11:34	57 0:46:16	52 0:57:50	61 0:28:55
	62	463	Ostlinning, Christian	70		VFL Sassenberg	11	M35	1:33:25	53 0:13:15	60 0:50:26	62 1:03:42	62 0:29:43
	63	419	Uhlenbrock, Volker	68		TV Phönix Bocholt	12	M35	1:40:54	12 0:10:02	61 1:10:36	63 1:20:38	3 0:20:15

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## Frauen

Platz	Startnr.	Name	JG	NAT	Verein	pl	AK	Endzeit	pl swim	pl bike	pl swim+bike	pl run
1	549	Doose, Kathrin	84		SRSpro Sportler	1	WHK	1:05:47	1 0:08:08	1 0:37:01	1 0:45:09	1 0:20:38
2	485	Hallman, Anni	83		Tri Geckos Dortmund	2	WHK	1:10:52	9 0:10:15	2 0:38:02	2 0:48:18	2 0:22:34
3	576	Kleimann, Birgitt	69		Wasser + Freizeit	1	W35	1:13:02	19 0:11:28	3 0:38:33	5 0:50:02	4 0:22:59
4	569	Nobbe, Nadine	77		TVE Triathlon Greven	1	W30	1:15:08	6 0:10:01	4 0:38:41	3 0:48:43	17 0:26:25
5	579	Seitel, Silvia	74		*Bramsche	2	W30	1:15:40	18 0:11:20	8 0:39:35	6 0:50:55	11 0:24:44
6	439	Welgosh, Olga	84		DJK Coesfeld	3	WHK	1:15:46	21 0:11:58	5 0:39:20	9 0:51:18	9 0:24:27
7	480	Deppe, Annika	74		Steinhagen	3	W30	1:15:47	13 0:10:41	13 0:41:10	13 0:51:51	6 0:23:56
8	459	Schillings, Stefanie	81		TuS 09 Erkenschick	4	WHK	1:15:56	14 0:10:47	10 0:40:35	10 0:51:23	10 0:24:33
9	578	Mense, Andrea	68		*Herzebrock	2	W35	1:15:57	7 0:10:12	7 0:39:24	4 0:49:36	16 0:26:20
10	474	Fliß, Simone	77		TSVE 1890 Bielefeld	4	W30	1:15:58	23 0:11:59	9 0:39:47	12 0:51:47	8 0:24:10
11	566	Linke, Löre	77		*Wuppertal	5	W30	1:16:01	11 0:10:24	11 0:40:46	8 0:51:11	12 0:24:50
12	425	Picker, Tanja	70		Freie Schwimmer Düsse	3	W35	1:16:05	3 0:09:02	15 0:41:54	7 0:50:56	13 0:25:09
13	532	Brandt-Weiß, Monika	60	DE	SGE Exter	1	W45	1:16:53	33 0:13:07	12 0:40:48	17 0:53:56	3 0:22:57
14	467	Venjakob, Katharina	89		VfL Senden	1	WJA	1:18:42	29 0:12:41	6 0:39:21	14 0:52:02	19 0:26:39
15	478	Wischoth, Gisela	52		1. Tri-Team Gütersloh	1	W55	1:19:18	31 0:12:56	17 0:42:30	22 0:55:26	5 0:23:52
16	461	Straub, Sandra	74		Marathon Soest	6	W30	1:19:28	2 0:08:52	18 0:43:19	15 0:52:11	21 0:27:16
17	455	Amft, Kirsten	84		VfL Senden	5	WHK	1:20:31	15 0:10:51	21 0:44:07	20 0:54:58	15 0:25:32
18	426	Müller, Ines	58		*Geilenkirchen	2	W45	1:20:39	25 0:12:08	16 0:42:03	18 0:54:11	18 0:26:28
19	417	Griegel, Kathrin	78		Ejot Team Buschhütten	6	WHK	1:21:04	8 0:10:12	14 0:41:17	11 0:51:29	28 0:29:35
20	479	Studzinski, Taika	71		Neuss	4	W35	1:22:11	26 0:12:19	27 0:45:47	26 0:58:06	7 0:24:04
21	568	Steffens, Marion	64		SSK-Kerpen	1	W40	1:23:32	10 0:10:23	28 0:46:13	25 0:56:36	20 0:26:55
22	433	van der Ploeg, Petra	66		*Leichlingen	2	W40	1:24:10	34 0:13:24	26 0:45:33	28 0:58:57	14 0:25:12
23	415	Kaiser, Silvia	75		*Köln	7	W30	1:24:12	27 0:12:21	22 0:44:14	24 0:56:35	22 0:27:36
24	482	Krause, Birte	82		Bielefeld	7	WHK	1:25:08	28 0:12:29	20 0:44:02	23 0:56:31	25 0:28:36
25	437	Nattkemper, Nicole	68		Tri Turtles Hamm	5	W35	1:25:14	12 0:10:36	23 0:44:41	21 0:55:17	29 0:29:56
26	448	Lehberg, Ines	83		*Oelde	8	WHK	1:25:36	4 0:09:58	24 0:44:49	19 0:54:47	33 0:30:48
27	564	Mager, Nicole	78		ASV Duisburg	9	WHK	1:26:01	5 0:10:00	19 0:43:51	16 0:53:52	35 0:32:09
28	418	Ritter, Heike	63		Ejot Team Buschhütten	3	W40	1:26:43	16 0:11:03	32 0:47:56	29 0:59:00	23 0:27:43
29	483	Preisinger, Horst	36		LG Münster	1	W70	1:30:14	36 0:14:22	25 0:45:13	30 0:59:36	31 0:30:38
30	442	Sparenberg, Tilla	56		Trippel Trappel Laufgru	1	W50	1:30:25	20 0:11:55	31 0:47:49	31 0:59:45	32 0:30:40
31	434	Severin, Andrea	64		SSK- KERPEN	4	W40	1:30:28	30 0:12:50	34 0:49:54	33 1:02:44	24 0:27:44
32	465	Rickert, Maria	61		TV Phönix Bocholt	3	W45	1:32:16	38 0:16:14	30 0:46:52	34 1:03:07	27 0:29:09
33	451	Pries, Anne	69		Biemenhorst	6	W35	1:32:16	17 0:11:19	36 0:51:49	35 1:03:09	26 0:29:06
34	446	Breulmann, Christiane	63		Münster	5	W40	1:32:46	24 0:12:02	33 0:48:40	32 1:00:42	34 0:32:04
35	464	Bernauer, Elke	69		Tri-Sport-Menden	7	W35	1:36:24	22 0:11:59	29 0:46:41	27 0:58:40	37 0:37:43
36	462	Werth, Sabine	60		TRISport Menden	4	W45	1:36:47	32 0:13:06	37 0:53:27	37 1:06:34	30 0:30:13
37	469	Langendonk, Regina	81		Tus 09 Erkenschick	10	WHK	1:42:12	35 0:14:13	35 0:50:53	36 1:05:07	36 0:37:05
38	468	Brinkmann, Mechthild	46		Marathon Soest	1	W60	1:51:31	37 0:14:57	38 0:54:04	38 1:09:02	38 0:42:29