

## Ergebnisse

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## Männer

Platz	Startnr.	Name	JG	NAT	Verein	PI	AK	Endzeit	PI	Schwimmen	PI	Rad	PI	nach Rad	PI	Lauf	
	1	1013	Werner, Stefan	76		Team Roseversand Bo	1	M30	3:41:20	1	0:29:23	1	1:54:51	1	2:24:14	3	1:17:05
	2	1014	Beinke, Kai	76		TSVE 1890 Bielefeld	2	M30	3:53:23	3	0:29:25	2	2:05:19	2	2:34:44	4	1:18:38
	3	1016	Schwengers, Christian	80		triaholic.com	1	MHK	3:56:23	4	0:29:54	13	2:11:37	10	2:41:31	1	1:14:51
	4	1025	Kock, Christian	81		bronnny.de-Team PSV B	2	MHK	3:58:00	2	0:29:24	3	2:06:15	3	2:35:40	12	1:22:20
	5	1020	van Stevendaal, Udo	68		SV 3Maniacs Großhan	1	M40	4:02:30	41	0:34:19	8	2:07:31	12	2:41:50	6	1:20:39
	6	1061	Jendretzki, Gero	79		TSG Burg Gretesch	3	M30	4:03:10	0	0:00:00	0	0:00:00	8	2:41:26	9	1:21:44
	7	1001	Konschak, Ulrich	71		SV Nordhausen 90 / P	1	M35	4:03:13	12	0:31:45	27	2:15:29	19	2:47:14	2	1:15:59
	8	1027	Begemann, Christian	67		Skiclub Olpe	2	M40	4:04:20	43	0:34:25	6	2:07:02	9	2:41:27	13	1:22:52
	9	1031	Schuster, Mike	73		Tri-Sport-Team Verl	2	M35	4:06:13	11	0:31:41	28	2:15:35	20	2:47:17	5	1:18:56
	10	1017	Hennig, Carsten	69		Tri-flow Bad Endbach	3	M40	4:06:23	0	0:00:00	0	0:00:00	5	2:39:18	37	1:27:04
	11	1103	Winter, Maic	71		Bocholter WSV	3	M35	4:07:02	31	0:33:48	11	2:11:19	15	2:45:08	10	1:21:53
	12	1026	Dülks, Roman	64		Krefelder Kanu Klub	1	M45	4:07:57	48	0:34:49	4	2:06:25	7	2:41:14	31	1:26:42
	13	1066	Meyer, Carsten	71		TSG 07 Burg Gretesch	4	M35	4:08:36	7	0:30:33	5	2:06:57	4	2:37:30	63	1:31:05
	14	1043	Laux, Alexander Dennis	84		ASK München Süd	3	MHK	4:10:24	44	0:34:26	7	2:07:15	11	2:41:41	45	1:28:43
	15	1030	Gockel, Marc	70		Tritus SV Neptun	5	M35	4:11:17	28	0:33:18	33	2:16:44	27	2:50:02	8	1:21:14
	16	1024	Bröcker, Benjamin	89		TSG 07 Burg Gretesch	4	MHK	4:11:27	49	0:34:50	19	2:13:04	22	2:47:55	16	1:23:32
	17	1022	Harbering, Johannes	81		Team Roseversand Bo	5	MHK	4:12:37	24	0:32:57	41	2:17:34	32	2:50:32	11	1:22:05
	18	1107	Fehrs, Thomas	59		Triathlon Team Witten	1	M50	4:13:27	19	0:32:20	24	2:14:08	17	2:46:29	34	1:26:58
	19	1059	Siekmeier, Uwe	60		TRI Team TUS Engter	2	M45	4:13:31	83	0:37:44	17	2:12:23	29	2:50:07	14	1:23:24
	20	1122	Althoff, Michael	67		TriSpeed Marienfeld	4	M40	4:14:00	57	0:35:34	20	2:13:09	24	2:48:44	25	1:25:16
	21	1018	Kaiser, Marcus	69		TSV Bayer 04 Leverk	5	M40	4:15:05	87	0:38:02	18	2:12:59	36	2:51:01	19	1:24:03
	22	1105	Uhlenbrock, Volker	68		Bocholter WSV	6	M40	4:15:07	13	0:31:59	57	2:19:39	39	2:51:38	15	1:23:29
	23	1048	Bockholt, Peter	66		Tri Team Erkenschwick	7	M40	4:16:32	40	0:34:18	23	2:13:48	23	2:48:07	40	1:28:24
	24	1003	Dietrich, Matthias	65		MTV Hohenkirchen	8	M40	4:16:43	75	0:36:38	29	2:15:48	43	2:52:26	21	1:24:16
	25	1021	Süselbeck, Marc	73		Nord-Triathleten	6	M35	4:17:00	74	0:36:30	22	2:13:38	30	2:50:09	33	1:26:51
	26	1065	Volmer, Rolf	69		VFB Salzkotten	9	M40	4:17:09	42	0:34:20	42	2:17:42	41	2:52:03	24	1:25:05
	27	1047	Yildiz, Nedim	68		SC Bayer 05 Uerdinge	10	M40	4:18:14	82	0:37:41	14	2:11:43	26	2:49:24	48	1:28:49
	28	1045	Stall, Lothar	54		TSG 07 Burg Gretesch	1	M55	4:18:24	10	0:31:35	25	2:14:20	16	2:45:55	74	1:32:28
	29	1127	Smith, Gary	62		Britisch Arme	3	M45	4:18:27	62	0:35:42	50	2:18:57	51	2:54:40	17	1:23:46
	30	1004	Christophliemke, Dirk	75		Tri-Sport-Team Verl	4	M30	4:18:37	20	0:32:38	15	2:11:51	14	2:44:29	89	1:34:08
	31	1053	Oexmann, Christian	79		TSVE Bielefeld	5	M30	4:18:55	36	0:34:11	60	2:20:34	53	2:54:45	20	1:24:09
	32	1353	Schmitz, Klaus	70		Tricity 2001	7	M35	4:18:56	107	0:39:27	10	2:10:39	28	2:50:07	47	1:28:49
	33	1104	Radstaak, Marco	73		Bocholter WSV	8	M35	4:19:10	39	0:34:17	26	2:14:29	25	2:48:46	57	1:30:23
Z	34	1046	Predeick, Christian	74		TRI STAR Oelde	9	M35	4:19:25	34	0:34:02	55	2:19:29	47	2:53:32	28	1:25:53
	35	1260	Knops, Michael	63		Tus Xanten Triathlon	4	M45	4:20:02	46	0:34:32	37	2:17:09	40	2:51:41	39	1:28:21
	36	1118	Magdziarz, Oliver	69		LDT Bochum	11	M40	4:20:03	58	0:35:37	51	2:19:03	50	2:54:40	26	1:25:23
	37	1034	Kuhlmann, Sören	80		RC Endspurt herford	6	MHK	4:20:54	23	0:32:57	40	2:17:34	31	2:50:31	56	1:30:22
	38	1202	Mittkowski, Thomas	63		BSG Springorum-Boch	5	M45	4:21:27	94	0:38:52	47	2:18:35	66	2:57:28	18	1:23:58
	39	1113	Roth, Klaus	75		TEAM BACKDRIFTER	6	M30	4:21:35	27	0:33:16	43	2:17:44	35	2:51:00	58	1:30:35
	40	1036	Lehr, Bernd	66		TSV Bayer 04 Leverk	12	M40	4:21:37	17	0:32:18	52	2:19:17	37	2:51:36	54	1:30:00
	41	1115	Gerling, Martin	76		SSV Allendorf - Go Hi	7	M30	4:22:03	6	0:30:26	16	2:12:09	13	2:42:36	113	1:39:27
	42	1133	Becker, Michael	68		LG-Oerlinghausen	13	M40	4:22:15	38	0:34:15	87	2:26:46	79	3:01:01	7	1:21:14
	43	1116	Springer, Michael	76		TuS 09 Erkenschwick	8	M30	4:22:18	8	0:30:52	9	2:09:43	6	2:40:35	123	1:41:42
	44	1232	Kättner, Alexander	76		VT Triangel Kempen	9	M30	4:22:32	9	0:30:58	30	2:15:50	18	2:46:48	93	1:35:43
Z	45	1102	Richter, Stefan	65		TUS 05 Daun	14	M40	4:22:36	29	0:33:18	81	2:24:39	68	2:57:58	22	1:24:38
	46	1041	Mollnau, Kai	76		Tri Geckos Dortmund	10	M30	4:23:38	56	0:35:33	38	2:17:09	46	2:52:43	62	1:30:54
	47	1162	Blisch, Christoph	78		Tri Finish Münster	11	M30	4:23:54	63	0:35:43	12	2:11:35	21	2:47:18	100	1:36:35
	48	1063	Riedel, Bernhard	66		SV Sterkrade-Nord	15	M40	4:24:25	85	0:37:52	44	2:18:05	56	2:55:57	41	1:28:27
	49	1101	Terstesse, Christian	66		TSVE 1890 Bielefeld	16	M40	4:24:30	15	0:31:59	49	2:18:53	34	2:50:53	84	1:33:37
	50	1050	Backus, Klaus	62		Krefelder Kanu Klub	6	M45	4:24:53	50	0:35:09	39	2:17:24	45	2:52:33	72	1:32:19
	51	1108	Hofmann, Dieter	64		Brühler TV 1879	7	M45	4:25:02	53	0:35:23	62	2:20:55	58	2:56:18	46	1:28:43
	52	1119	Wallmeier, Thomas	65		TriSpeed Marienfeld	17	M40	4:25:12	116	0:40:19	31	2:16:14	59	2:56:34	43	1:28:37
	53	1033	Hauck, Michael	76		NSU	12	M30	4:25:17	59	0:35:41	45	2:18:14	48	2:53:56	66	1:31:20
	54	1109	Schmiedertöns, Dirk	64		SG Athletico Büdelsdor	8	M45	4:25:35	5	0:30:11	88	2:26:52	63	2:57:04	42	1:28:30
	55	1064	Edelbroich, Matthias	77		Tritus SV Neptun	13	M30	4:25:46	52	0:35:22	35	2:17:05	44	2:52:27	82	1:33:18
	56	1140	Michael, Carsten	69		Tri-Team Dissen	18	M40	4:25:52	127	0:41:15	46	2:18:34	76	2:59:49	29	1:26:02
	57	1166	Schäfer, André	73		Hildener AT	10	M35	4:26:22	33	0:34:00	73	2:23:16	65	2:57:16	49	1:29:05
Z	58	1068	Pollmeier, Holger	70		Tri-Sport-Team Verl	11	M35	4:27:20	25	0:32:58	48	2:18:38	38	2:51:36	94	1:35:44
	59	1126	Grewé, Uwe	66		TRI Sport Menden	19	M40	4:27:43	35	0:34:06	67	2:22:28	60	2:56:35	64	1:31:08
	60	1039	Bachhaus, Ralf	62		Schwelmer SC	9	M45	4:28:07	30	0:33:31	36	2:17:07	33	2:50:38	108	1:37:28
	61	1042	Schweppé, Lars	67		TV Lemgo	20	M40	4:28:17	78	0:36:50	66	2:21:54	70	2:58:45	52	1:29:32
	62	1037	Felgenträger, Jörg	61		Tus Breitscheid	10	M45	4:28:27	20	0:32:38	54	2:19:27	42	2:52:05	97	1:36:22
	63	1052	Lüders, Holger	77		ASV Süchteln	14	M30	4:28:37	91	0:38:26	53	2:19:23	67	2:57:49	61	1:30:48
	64	1067	Dickers, Ralf	72		MG TV 1848	12	M35	4:29:02	18	0:32:19	82	2:24:56	64	2:57:15	70	1:31:46
	65	1111	Huster, Guido	68		TSG 07 Burg Gretesch	21	M40	4:29:03	102	0:39:14	32	2:16:37	55	2:55:51	81	1:33:11
	66	1130	Müller, Markus	65		WSG Bad Marienberg	22	M40	4:29:17	32	0:33:59	69	2:22:56	62	2:56:55	73	1:32:21
	67	1010	Noffke, Bert	63		Tus 09 Erkenschwick	11	M45	4:29:41	45	0:34:27	59	2:20:19	54	2:54:46	91	1:34:54
	68	1051	Klein, Christoph	72		TV Attendorf TRI-TIM	13	M35	4:29:58	76	0:36:47	93	2:28:24	92	3:05:11	23	1:24:46
	69	1060	Braun, Jan Pieter	86		TSR Olympia Wilhelm	7	MHK	4:31:05	37	0:34:11	78	2:24:11	69	2:58:23	78	1:32:41
	70	1161	Strunz, Dirk	72		Tus Westf. Neuenkirche	14	M35	4:31:37	77	0:36:47	70	2:23:04	77	2:59:52	69	1:31:44
	71	1112	Anders, Maik	73		TSG Burg Gretesch	15	M35	4:31:44	71	0:36:19	74	2:23:19	74	2:59:39	71	1:32:05
	72	1206	Rypalla, Thomas	76		Triathlon-TEAM-Witten	15	M30	4:31:45	72	0:36:25	95	2:28:31	90	3:04:57	32	1:26:48
	73	1106	Busch, Thomas	78		Bocholter WSV	16	M30	4:31:59	22	0:32:54	63	2:21:47	52	2:54:41	106	1:37:17
	74	1007	Grünhage, Josef	64		TV Attendorf	12	M45	4:32:14	68	0:36:06	71	2:23:07	71	2:59:13	79	1:33:00
	75	1029	Weise, Wolfram	60		Mönchengladbacher T	13	M45	4:32:23	109	0:40:02	84	2:25:19	93	3:05:21	36	1:27:01

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## Männer

Platz	Startnr.	Name	JG	NAT	Verein	PI	AK	Endzeit	PI	Schwimmen	PI	Rad	PI	nach Rad	PI	Lauf
76	1012	Domke, Jörg	62		Nonplusultra Esslingen	14	M45	4:32:36	101	0:39:10	85	2:26:25	94	3:05:35	35	1:27:01
77	1110	Ernst, Christian	73		SC Borchten	16	M35	4:32:37	90	0:38:20	91	2:27:42	96	3:06:03	30	1:26:33
78	1149	Becker, Rolf	68		TRI-SPORT-Menden	23	M40	4:32:40	70	0:36:19	58	2:20:19	61	2:56:38	95	1:36:01
79	1224	Potdevin, André	72		Tri-Ducks-Dorsten	17	M35	4:33:06	105	0:39:20	34	2:16:55	57	2:56:15	103	1:36:51
80	1019	Thor, Volker	61		TRC 84 Essen	15	M45	4:33:13	16	0:32:17	89	2:27:01	72	2:59:19	87	1:33:53
81	1132	Jörke, Dennis	80		ASC Ahlen	8	MHK	4:33:18	80	0:37:35	64	2:21:49	73	2:59:25	86	1:33:52
82	1210	Terkatz, Stefan	70		VT Triangel Kempen	18	M35	4:33:20	65	0:35:51	86	2:26:42	83	3:02:33	60	1:30:47
83	1167	Bales, Stefan	65		Boruusia M gladbach	24	M40	4:34:35	124	0:40:52	21	2:13:27	49	2:54:19	115	1:40:16
84	1002	Windhagen, Marcus	66		Mönchengladbacher T	25	M40	4:35:52	55	0:35:31	77	2:24:07	75	2:59:39	96	1:36:13
85	1143	Stier, Helge	72		BSG Schüco	19	M35	4:36:12	122	0:40:46	68	2:22:51	85	3:03:38	76	1:32:33
86	1056	Schmidt, Oliver	70		Grevenbroich	20	M35	4:36:35	130	0:41:49	72	2:23:08	91	3:04:58	68	1:31:36
87	1128	Lemberg, Stefan	69		Viermärker Dortmund	26	M40	4:37:02	60	0:35:41	102	2:32:37	98	3:08:19	44	1:28:43
88	1124	Jensen, Oke	60		ASV-LT Kemperdick	16	M45	4:37:11	123	0:40:49	65	2:21:52	84	3:02:41	90	1:34:30
89	1038	Bohris, Oliver	65		Tus Breitscheid	27	M40	4:39:18	54	0:35:25	99	2:30:31	95	3:05:57	83	1:33:21
90	1136	Ebert, Heiko	69		TSVE 1890 Bielefeld	28	M40	4:39:23	114	0:40:08	94	2:28:31	101	3:08:39	59	1:30:43
91	1156	Dresselhaus, Wilhelm	59		Team Konatraining	2	M50	4:39:44	138	0:43:28	83	2:24:56	99	3:08:25	65	1:31:19
92	1138	Luhdener, Bernd	59		Luhdener SV	3	M50	4:41:49	103	0:39:18	101	2:32:34	105	3:11:53	53	1:29:56
93	1216	Preuß, Dirk	73		Dülkener SV 06	21	M35	4:42:51	115	0:40:12	121	2:36:51	117	3:17:03	27	1:25:48
94	1217	Mukielka, Boris	72		TSVE Bielefeld	22	M35	4:43:40	51	0:35:19	97	2:29:29	89	3:04:49	110	1:38:50
95	1159	Dickmann, Stefan	66		Rheinberg	29	M40	4:43:53	97	0:38:56	114	2:35:29	110	3:14:25	51	1:29:27
96	1146	Pehl, Michael	71		Tri Sport Menden	23	M35	4:45:30	149	0:44:47	75	2:23:53	102	3:08:40	102	1:36:49
97	1152	Reimann, Björn	73		Die Randleipper	24	M35	4:46:10	143	0:44:09	61	2:20:35	88	3:04:44	121	1:41:26
98	1246	Bauhaus, Frank	59		Krefelder Kanu Klub	4	M50	4:46:11	73	0:36:29	92	2:27:54	87	3:04:23	124	1:41:48
99	1212	Weckelmann, Matthias	08		Triathlon Team Witten	1	MSchD	4:46:24	89	0:38:17	76	2:24:01	81	3:02:18	132	1:44:06
100	1209	Kanis, Jens	64		RSV Osthelden	17	M45	4:46:29	125	0:41:05	90	2:27:36	103	3:08:41	109	1:37:47
101	1114	Kleinau, Jens	61		FS Düsseldorf	18	M45	4:46:58	14	0:31:59	108	2:34:16	97	3:06:15	119	1:40:42
102	1370	Wright, Paul	74		British Army	25	M35	4:47:16	99	0:39:06	115	2:35:40	111	3:14:47	75	1:32:29
103	1235	Weiß, Karsten	63		SGE Exter	19	M45	4:47:50	146	0:44:42	100	2:30:33	114	3:15:15	77	1:32:34
Z 104	1155	Reichmann, Benedikt	61		RG Haldern 03	20	M45	4:49:00	79	0:37:33	79	2:24:19	80	3:01:53	139	1:47:07
105	1153	Loermann, Bernhard	66		LG Vollandampf Clarholz	30	M40	4:51:08	84	0:37:52	146	2:43:52	135	3:21:45	50	1:29:23
106	1233	Heyer-Hillen, Christoph	69		TV Goch	31	M40	4:51:37	0	0:00:00	0	0:00:00	82	3:02:21	146	1:49:16
107	1158	Fischer, Thomas	68		ASC Ahlen	32	M40	4:52:00	69	0:36:09	119	2:36:23	107	3:12:32	114	1:39:28
108	1160	Bergmann, Helmut	55		Marathon Soest	5	M50	4:52:16	61	0:35:41	129	2:39:12	112	3:14:54	107	1:37:22
109	1164	Forster, Andreas	62		Neubeckum	21	M45	4:52:36	120	0:40:46	120	2:36:33	118	3:17:19	92	1:35:16
110	1265	Diekjürgen, Werner	65		1. Tri-Team Güterslohe	33	M40	4:52:43	128	0:41:16	56	2:19:38	78	3:00:55	156	1:51:48
111	1221	Flach, Torsten	64		SSC Hochdahl	22	M45	4:53:47	98	0:38:57	98	2:29:35	100	3:08:33	134	1:45:14
112	1225	Andre, Thomas	66		LDT-Bochum	34	M40	4:53:57	95	0:38:55	126	2:38:26	119	3:17:21	100	1:36:35
113	1264	Fietz, Markus	79		1. Tri-Team Güterslohe	17	M30	4:54:18	104	0:39:18	110	2:34:34	108	3:13:52	116	1:40:25
114	1251	Bahr, Oliver	71		TSVE 1890 Bielefeld	26	M35	4:54:43	162	0:47:25	116	2:35:42	143	3:23:08	67	1:31:35
115	1238	Simon, Karsten	72		SV Teuto Riesenbeck	27	M35	4:55:00	121	0:40:46	125	2:37:49	123	3:18:36	98	1:36:24
116	1230	Oltmanns, Klaus	68		SG-Diepholz	35	M40	4:55:22	47	0:34:38	96	2:29:24	86	3:04:02	153	1:51:19
Z 117	1165	Henze, Guido	70		Tri-Sport-Team Verl	28	M35	4:55:34	81	0:37:38	111	2:34:38	106	3:12:16	129	1:43:17
118	1121	Kollenberg, Frank	63		Oberhausen	23	M45	4:55:46	161	0:47:10	112	2:34:50	138	3:22:01	85	1:33:45
119	1249	Kläsener, Ralf	68		ASC Ahlen	36	M40	4:56:39	93	0:38:41	137	2:40:45	130	3:19:26	105	1:37:13
120	1203	Lockowandt, Heiko	66		TSR Olympia Wilhelm	37	M40	4:58:25	64	0:35:50	130	2:39:23	113	3:15:14	127	1:43:11
121	1255	Gießelmann, Frank	64		Sprechende Ärzte	24	M45	4:58:53	166	0:48:05	109	2:34:17	140	3:22:22	99	1:36:30
122	1344	Grändorf, Dennis	78		ASFM Göttingen	18	M30	4:59:12	135	0:42:53	139	2:42:17	148	3:25:11	88	1:34:01
123	1220	Meiwes, Johannes	61		TV Idstein	25	M45	4:59:49	151	0:44:54	106	2:33:57	126	3:18:51	120	1:40:57
124	1157	Arndt, Andreas	68		3athlon.org	38	M40	5:00:36	152	0:44:55	104	2:33:23	121	3:18:18	125	1:42:17
125	1191	Burmeister, Marcel	82		Lauflust Recklinghausen	9	MHK	5:01:10	167	0:48:36	147	2:44:29	157	3:33:06	38	1:28:04
126	1055	Adams, Lee	68		Tri-Geckos Dortmund	39	M40	5:01:23	154	0:45:42	80	2:24:31	104	3:10:14	152	1:51:08
127	1242	Unger, Peter	59		Passschon98	6	M50	5:01:37	150	0:44:48	152	2:46:39	155	3:31:27	55	1:30:10
128	1135	Middeldorf, Helge	62		Schwelmer SC	26	M45	5:01:37	67	0:36:03	131	2:39:36	115	3:15:39	135	1:45:57
129	1151	Davids, Erik	67		TSVE 1890 Bielefeld	40	M40	5:03:37	106	0:39:25	140	2:42:35	139	3:22:01	122	1:41:35
130	1341	Becker, Volker	70		LG-Oerlinghausen	29	M35	5:04:24	86	0:37:59	153	2:47:05	147	3:25:04	112	1:39:19
131	1266	Schwarze, Falk	73		TV Voerde Triminators	30	M35	5:05:00	133	0:42:25	118	2:36:17	124	3:18:43	136	1:46:17
132	1239	Laustroer, Robert	70		1.Tri-Club Paderborn	31	M35	5:05:06	132	0:42:12	138	2:42:17	145	3:24:29	117	1:40:37
133	1228	Achterberg, Martin	66		RSV-Daadetal	41	M40	5:05:25	148	0:44:47	103	2:32:48	120	3:17:35	143	1:47:49
134	1214	Nickol, Walter	52		RSV Daadetal	2	M55	5:05:25	110	0:40:05	107	2:34:00	109	3:14:05	154	1:51:20
135	1227	Löbbers, Daniel	80		Tri Finish Münster	10	MHK	5:06:15	153	0:45:22	123	2:37:07	142	3:22:30	130	1:43:45
136	1243	Czarsbon, Dirk	70		Mülheim	32	M35	5:06:54	100	0:39:07	133	2:40:02	127	3:19:10	142	1:47:43
137	1257	Korte, Andre	74		Beckum	33	M35	5:08:24	111	0:40:06	117	2:36:13	116	3:16:19	158	1:52:05
138	1208	Seidel, Ralf	70		LG Oerlinghausen	34	M35	5:08:38	131	0:41:56	132	2:39:55	137	3:21:52	138	1:46:45
139	1345	Sucker, Alexander	80		TRlandertaler Mettman	11	MHK	5:08:54	172	0:51:57	145	2:43:46	163	3:35:44	80	1:33:09
140	1215	Pfannkuche, Christian	78		SG Welper Triathlon	19	M30	5:09:41	108	0:39:32	128	2:39:02	122	3:18:34	151	1:51:06
141	1263	Hasler, Uwe	66		1. Tri-Team Güterslohe	42	M40	5:10:23	92	0:38:39	136	2:40:39	129	3:19:19	150	1:51:04
142	1223	Johannemann, Bernhard	75		Osnabrück	20	M30	5:10:28	66	0:35:58	141	2:42:48	125	3:18:46	155	1:51:41
143	1343	Menke, Erwin	63		Leezenlust	27	M45	5:11:00	157	0:46:17	124	2:37:15	144	3:23:33	140	1:47:26
144	1372	Schramm, Jürgen	54		SV Gladbeck 13	3	M55	5:11:22	158	0:46:23	113	2:34:52	132	3:21:16	147	1:50:06
145	1219	Kazmeier, Tim	78		TUS 09 Tri Team Erke	21	M30	5:13:10	112	0:40:07	165	2:53:53	158	3:34:00	111	1:39:10
146	1218	Wolfschläger, Albert	56		Skiclub Olpe	7	M50	5:15:06	117	0:40:23	127	2:38:49	128	3:19:12	169	1:55:54
147	1244	Nowak, Frank	69		triminators tv voerde	43	M40	5:16:03	137	0:43:14	160	2:52:06	160	3:35:21	118	1:40:42
148	1252	Guttman, Manfred	59		Tri Team Dissen	8	M50	5:16:38	140	0:43:35	122	2:36:55	131	3:20:31	170	1:56:06
149	1247	Terörde, Lars	69		Düsseldorf	44	M40	5:17:16	126	0:41:14	134	2:40:26	134	3:21:40	167	1:55:35
150	1299	Deckert, Mike	67	DEU	Marathon Soest	45	M40	5:17:59	141	0:44:02	135	2:40:27	146	3:24:29	162	1:53:29

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## Männer

Platz	Startnr.	Name	JG	NAT	Verein	PI	AK	Endzeit	PI	Schwimmen	PI	Rad	PI	nach Rad	PI	Lauf
151	1009	Meyer, Christoph	66		TRI-AS Hamm	46	M40	5:18:24	88	0:38:05	161	2:52:11	153	3:30:17	144	1:48:07
152	1250	Tippmann, Michael	61		SC Wiking Herne	28	M45	5:18:44	26	0:33:14	155	2:48:37	136	3:21:51	171	1:56:52
153	1248	Schöwerling, Ulrich	66		LC Solbad Ravensberg	47	M40	5:19:18	147	0:44:44	151	2:46:12	154	3:30:56	145	1:48:21
154	1348	Soldierer, Thomas	73		Triathlon Team Witten	35	M35	5:20:08	144	0:44:11	148	2:44:54	152	3:29:06	149	1:51:02
155	1240	Tippmann, Thomas	68		Tri Time Attendorn	48	M40	5:20:19	119	0:40:31	173	3:02:45	170	3:43:17	104	1:37:01
156	1168	Arndt, Manfred	78		SV Spexard	22	M30	5:21:40	156	0:46:03	156	2:51:09	166	3:37:12	133	1:44:27
157	1254	Enzenauer, Rolf	65		Help This Man	49	M40	5:23:22	118	0:40:27	150	2:45:18	149	3:25:45	172	1:57:37
158	1347	Dörr, Jürgen	52		Tri Team Hagen	4	M55	5:25:44	170	0:51:09	157	2:51:22	169	3:42:31	128	1:43:12
159	1222	Gabriel, Ulrich	71		TV Attendorn Tri-Time	36	M35	5:27:13	163	0:47:38	154	2:47:35	159	3:35:14	157	1:51:59
160	1354	Stammler, Frank	65		Tri-As Hamm	50	M40	5:27:16	155	0:45:59	168	2:54:51	168	3:40:51	137	1:46:25
Z 161	1229	Kästner, Hans	53		Tuso9 Erkenschwick	5	M55	5:27:44	164	0:47:44	149	2:45:08	156	3:32:53	166	1:54:51
162	1259	Gödderz, Christian	70		Nonstop Köln	37	M35	5:28:49	113	0:40:08	169	2:55:32	162	3:35:40	159	1:53:08
163	1358	Osthues, Bernd	66		TSV Ostfeld	51	M40	5:28:57	134	0:42:43	163	2:52:51	161	3:35:35	160	1:53:22
164	1349	Eilers, Lars	79		Tri Team TuS Engter	23	M30	5:29:52	139	0:43:33	144	2:43:46	151	3:27:19	174	2:02:33
165	1258	Schröder, André	65		ASC Ahlen	52	M40	5:29:56	129	0:41:21	166	2:54:40	165	3:36:01	163	1:53:54
166	1374	Klasmeier, Michael	63		Wiedenbrücker TV	29	M45	5:30:31	171	0:51:44	167	2:54:44	172	3:46:29	131	1:44:02
167	1360	Newrzella, Dirk	71		TRlandertaler Mettman	38	M35	5:30:33	165	0:47:56	105	2:33:35	133	3:21:31	175	2:09:02
168	1352	Weiß, Christoph	68		SC Hellas	53	M40	5:33:32	168	0:49:35	172	3:01:32	175	3:51:07	126	1:42:25
169	1261	Schneidt, Patrick	93		1. Tri-Team Güterslohe	1	MJB	5:35:11	142	0:44:04	159	2:51:40	164	3:35:45	173	1:59:26
170	1366	Ahlert, Eckhard	53		Bielefeld	6	M55	5:37:03	174	0:55:02	157	2:51:22	171	3:46:25	148	1:50:37
171	1369	Szymiczek, Thomas	65		Triminators TV Voerde	54	M40	5:37:22	136	0:43:01	142	2:42:48	150	3:25:49	176	2:11:33
172	1355	Mohr, Bernd	69		Koblenz	55	M40	5:38:50	169	0:50:43	170	3:00:25	176	3:51:08	141	1:47:41
173	1350	Czerwinski, Martin	61		Crazy Runners Rietbe	30	M45	5:41:52	159	0:46:40	171	3:01:13	174	3:47:53	164	1:53:59
174	1245	Behre, Edgar	59		Marathon Soest	9	M50	5:46:39	96	0:38:55	143	2:43:32	141	3:22:28	177	2:24:11
175	1362	Ewers, Jochen	59		Crazy Runners Rietbe	10	M50	5:56:25	173	0:52:17	175	3:09:24	178	4:01:41	165	1:54:44
176	1371	Rodehüser, Jürgen	53		Borbecker Raketen Ess	7	M55	6:08:31	177	1:01:33	176	3:11:17	179	4:12:50	168	1:55:40
177	1351	Zerressen, Dirk	66		Rapid Ramirez	56	M40	6:12:32	160	0:46:53	164	2:53:20	167	3:40:13	178	2:32:18
178	1367	Becker, Lothar	44		LG-Oerlinghausen	1	M65	6:13:51	176	1:00:33	177	3:19:55	180	4:20:28	161	1:53:23
179	1361	Miss, Hermann	57		TV G Buschhuetten	11	M50	6:22:08	175	0:55:33	162	2:52:16	173	3:47:49	179	2:34:18
180	1368	Benz, Helmut	55		SSG Altena 08/47 e.V.	12	M50	6:48:43	145	0:44:37	174	3:07:32	177	3:52:09	180	2:56:33

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## Frauen

Platz	Startnr.	Name	JG	NAT	Verein	PI	AK	Endzeit	PI	Schwimmen	PI	Rad	PI	nach Rad	PI	Lauf	
	1	1302	Konschak, Katja	78		SV Nordhausen 90 / P	1	W30	4:20:35	1	0:28:48	5	2:30:33	1	2:59:21	1	1:21:13
	2	1318	Henke, Vera	80		Tri Team VfB Salzkott	1	WHK	4:34:32	12	0:39:24	1	2:22:05	2	3:01:29	6	1:33:02
	3	1307	Görtz, Beate	69		ASV Köln Triathlon	1	W40	4:40:18	13	0:39:26	9	2:35:52	8	3:15:18	2	1:25:00
	4	1306	Winck, Nicole	79		Krefelder Kanu Klub	2	W30	4:42:38	2	0:32:52	11	2:37:45	6	3:10:38	5	1:32:00
	5	1316	Fuchs, Sandra	70		Mönchengladbacher T	1	W35	4:46:54	8	0:38:51	4	2:28:58	3	3:07:50	8	1:39:04
	6	1309	Schulte, Christiane	63		SC Olpe	1	W45	4:47:43	4	0:35:26	15	2:40:31	9	3:15:57	4	1:31:46
	7	1310	Philippzig, Claudia Ina	65		EJOT Team TV Busch	2	W40	4:50:32	23	0:44:05	2	2:26:34	7	3:10:40	11	1:39:51
	8	1327	Gravemeier, Annika	85		ASC Ahlen	2	WHK	4:53:13	6	0:36:45	6	2:31:17	4	3:08:02	19	1:45:10
	9	1321	Schillings, Stefanie	81		TuS 09 Erkenschwick	3	WHK	4:55:38	17	0:40:48	3	2:27:53	5	3:08:41	21	1:46:56
	10	1314	Palazzo, Nadia	73		ASV Duisburg	2	W35	4:59:28	15	0:39:32	24	2:51:44	23	3:31:17	3	1:28:11
	11	1304	Fischer, Britta	80		Tri Team TuS Engter	4	WHK	5:01:38	21	0:43:40	8	2:33:20	10	3:17:01	18	1:44:37
	12	1312	Queren, Stefanie	78		Tri Team Tus Engter	3	W30	5:03:55	22	0:43:56	12	2:38:12	13	3:22:08	13	1:41:46
	13	1320	Peschke, Marlies	68		TSG 07 Burg Gretesch	3	W40	5:05:08	27	0:49:17	7	2:33:13	14	3:22:31	15	1:42:37
Z	14	1323	Lause, Ursula	59		VfB Salzkotten	1	W50	5:05:14	19	0:43:10	10	2:36:21	11	3:19:32	20	1:45:42
	15	1328	Höfling, Imke	70		TriFinish Muenster	3	W35	5:05:36	3	0:34:59	23	2:51:09	20	3:26:08	9	1:39:28
	16	1333	Schön, Sylvia	70		RC Endspurt	4	W35	5:05:55	20	0:43:12	16	2:40:31	17	3:23:44	14	1:42:10
	17	1313	Terstesse, Stefanie	72		TSVE 1890 Bielefeld	5	W35	5:07:22	10	0:39:13	17	2:43:58	15	3:23:11	17	1:44:10
	18	1329	Kröck-Jung, Bettina	65		Tri-Team-Gießen	4	W40	5:08:02	5	0:36:41	22	2:50:42	22	3:27:23	12	1:40:39
	19	1324	Gaspercic, Martina	66		ASV Duisburg	5	W40	5:12:10	14	0:39:29	26	2:53:01	24	3:32:30	10	1:39:39
	20	1315	Kleimann, Birgitt	69		Wasser + Freizeit	6	W40	5:12:45	25	0:45:00	14	2:40:28	18	3:25:29	22	1:47:15
	21	1319	Schmitz, Monika	67		VfB Salzkotten	7	W40	5:15:03	18	0:43:10	13	2:38:26	12	3:21:36	23	1:53:26
	22	1325	Springer, Stefanie	77		TuS 09 Erkenschwick	4	W30	5:23:20	9	0:39:09	18	2:44:26	16	3:23:35	27	1:59:44
	23	1332	Hellmann, Rita	58		VfB Salzkotten	2	W50	5:27:10	28	0:50:43	27	2:57:24	29	3:48:08	7	1:39:01
	24	1375	Jansen, Julia	76		Bocholter WSV	5	W30	5:27:52	16	0:39:39	19	2:47:24	21	3:27:04	28	2:00:48
	25	1338	Bruns, Klaudia	61		Borbecker Raketen Ess	2	W45	5:28:58	26	0:48:44	28	2:57:30	28	3:46:15	16	1:42:43
	26	1336	Hartmann-Miss, Kerstin	62		VfL Bad Berleburg	3	W45	5:30:33	24	0:44:10	21	2:49:26	25	3:33:37	25	1:56:55
	27	1326	Gerling, Anke	74		SSV Allendorf Tri Tea	6	W35	5:34:34	7	0:37:36	20	2:48:14	19	3:25:51	29	2:08:43
	28	1331	Montag, Kerstin	75		TV Werne 03 Wasserf	6	W30	5:39:03	11	0:39:19	29	3:02:05	26	3:41:24	26	1:57:38
	29	1334	Strauch, Doris	57		TVG Kaiserau	3	W50	5:41:51	29	0:54:23	25	2:51:47	27	3:46:11	24	1:55:40